

The Appalachian Trail through Vermont – Part I



North Adams, MA to Little Rock Pond Shelter
July 25 - 31, 2009

The Appalachian Trail through Vermont

July 25: North Adams, MA to Seth Warner Shelter

July 26: Seth Warner Shelter to Melville-Nauheim Shelter

July 27: Melville-Nauheim Shelter to Kid Gore Shelter

July 28: Kid Gore Shelter to Stratton Pond Shelter

July 29: Stratton Pond Shelter to Spruce Peak Shelter

July 30: Spruce Peak Shelter to Peru Peak Shelter

July 31: Peru Peak Shelter to Little Rock Pond Shelter

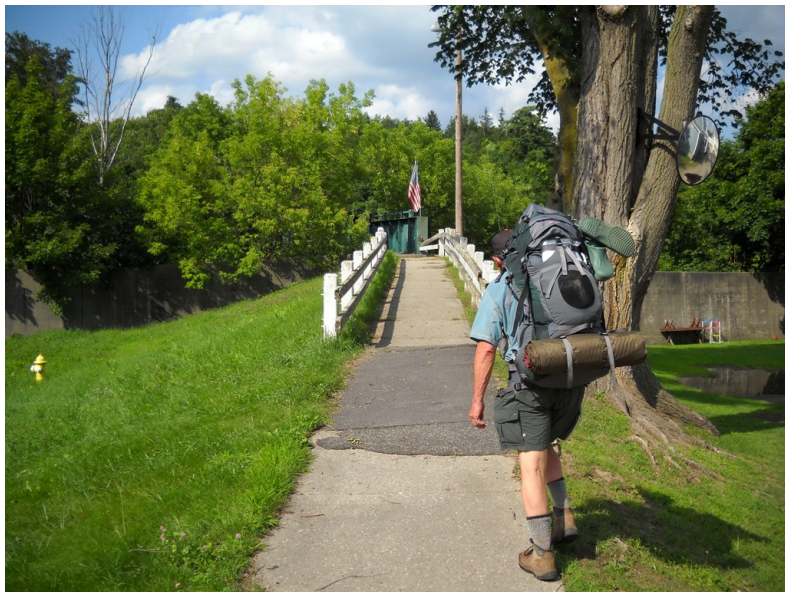
July 25
North Adams, MA to Seth Warner Shelter
6.9 Miles



Dan and Robb in North Adams, MA



Crossing MA Rt. 2



Leaving North Adams



The Hoosic River



The Trail out of North Adams



The steep climb up to the ridge



Overlook at the top of the climb



Entering Vermont



Entering Vermont



The beginning of the Long Trail



Seth Warner Shelter

July 26

To Melville-Nauheim Shelter

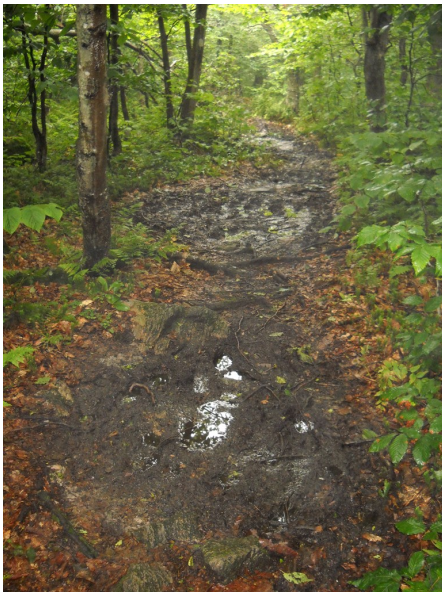
13.1 Miles



Dan on the AT



Flowers



The muddy trail



A beaver pond



The beaver pond



The beaver dam



Bees on Sweet Joe-pie-weed



The trail



Mud in the trail



Running Moose and Handful



A beaver pond



Puncheons around the beaver dam



Arrowhead



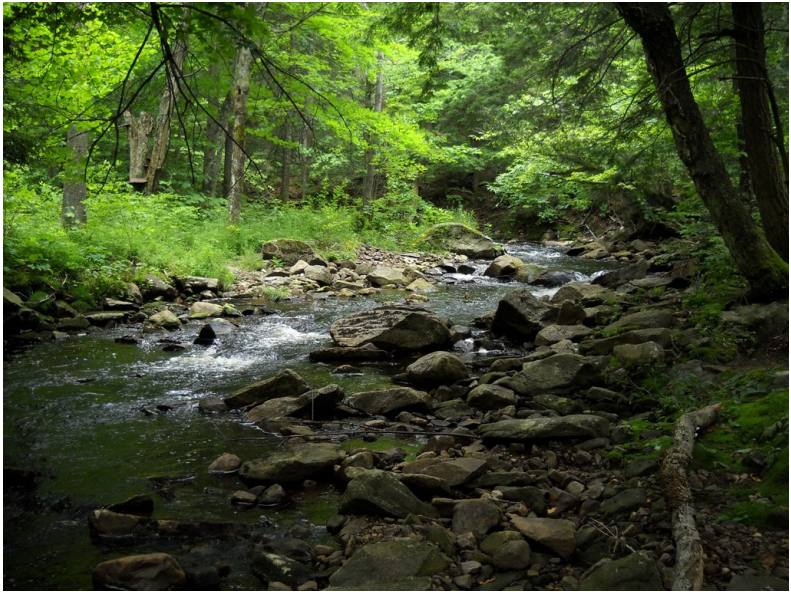
Flowers



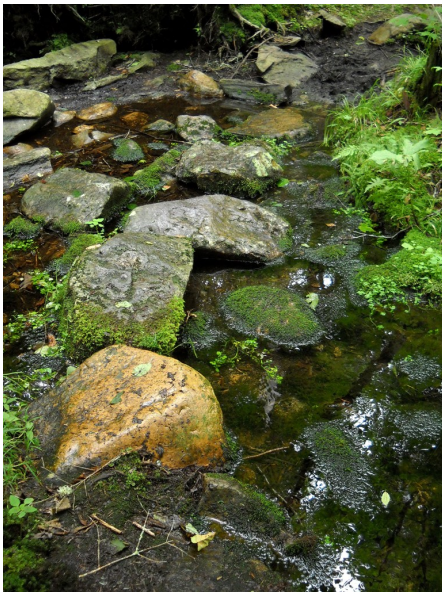
The marsh below the beaver dam



The trail



Stamford Stream



The trail



Congdon Shelter



Overlook of Manchester Center, VT



Melville-Nauheim Shelter

July 27

Melville-Nauheim Shelter to Kid Gore Shelter

12.8 Miles



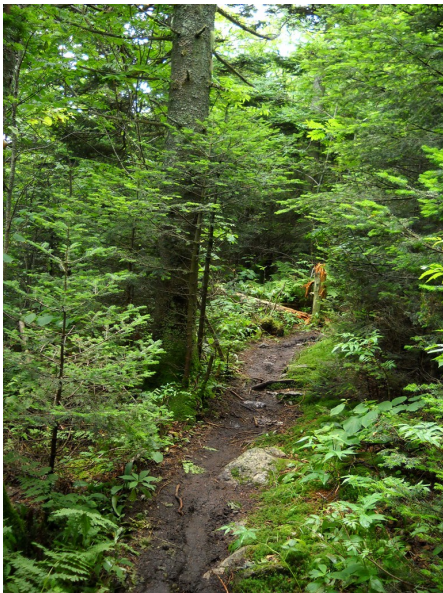
Hell Hollow Brook



Puncheons through the mud



The view from Little Pond Lookout



The trail



Thunderstorm on Mt. Glastenbury



Wood sorrel



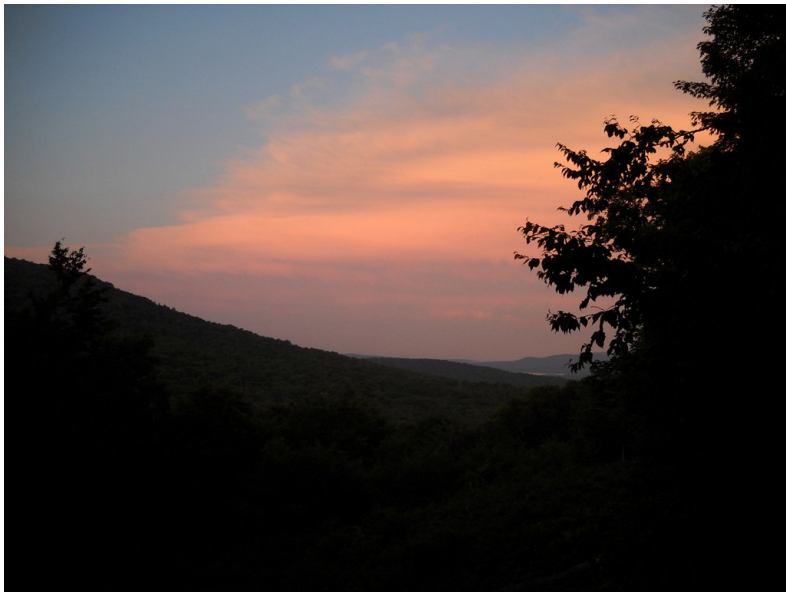
The view from Kid Gore Shelter



Kid Gore Shelter



Kid Gore Shelter



Sunset glow in the east

July 28

Kid Gore Shelter to Stratton Pond Shelter

15.1 Miles



Sunrise at Kid Gore Shelter



Sunrise at Kid Gore Shelter



View from the trail



The trail



A beaver pond



The beaver pond near Story Spring Shelter



The beaver pond near Story Spring Shelter



Berries



Lunch break at Story Spring Shelter



Fungus on a tree



Bridge over Black Brook



Stratton Mountain



The view south from Stratton Mountain



The view northwest from Stratton Mountain



Rest break on Stratton Mountain



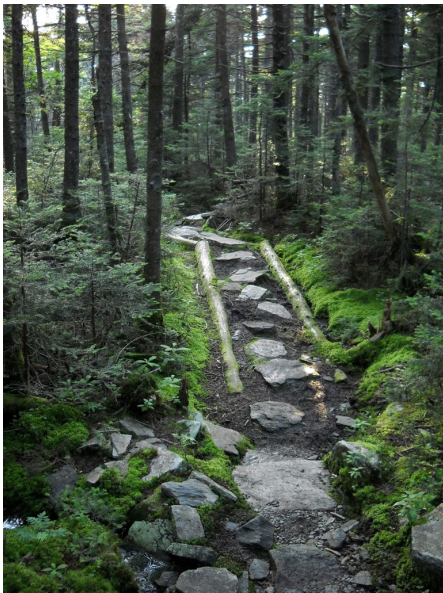
The Stratton Mountain firetower



The hut occupied by the caretakers



The trail on Stratton Mountain



The trail



The trail



A creek just before Stratton Pond Shelter



Stratton Pond Shelter

July 29

Stratton Pond Shelter to Spruce Peak Shelter

7.8 Miles



Stratton Pond



Stratton Pond



Stratton Pond



Stratton Pond



Stratton Pond



Bridge over Winhall River



Winhall River



The view from Prospect Rock



Spruce Peak Shelter



Spruce Peak Shelter interior



Spruce Peak Shelter interior



Spruce Peak Shelter interior



Spruce Peak Shelter front porch

July 30

Spruce Peak Shelter to Peru Peak Shelter

12.9 Miles



Catching a ride to the first food drop



Bromley Ski Resort – First food drop



Bridge over Bromley Brook



Bromley Brook



The trail on Bromley Peak



The trail up a Bromley ski slope



The Bromley Resort ski lift



Flowers



Bunchberries



The trail in Mad Tom Notch



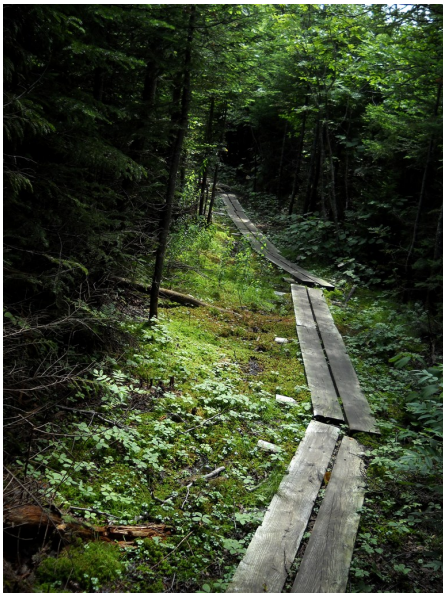
The trail in Mad Tom Notch



The view from Styles Peak



The trail down from Styles Peak



Puncheons in the trail



Not enough puncheons



A work crew placing rocks



A work crew breaking rocks



Peru Peak Shelter

July 31

Peru Peak Shelter to Little Rock Pond Shelter

10.1 Miles



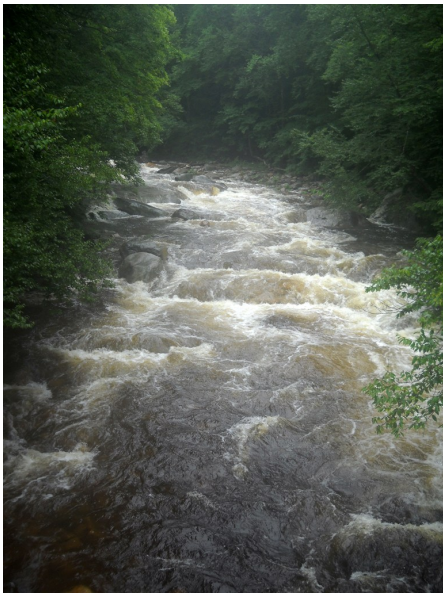
The rock ridge up Baker Peak



Rainwater in the trail



Big Branch



Big Branch



Little Rock Pond



Little Rock Pond



Little Rock Pond



Little Rock Pond Shelter

The End of Part I