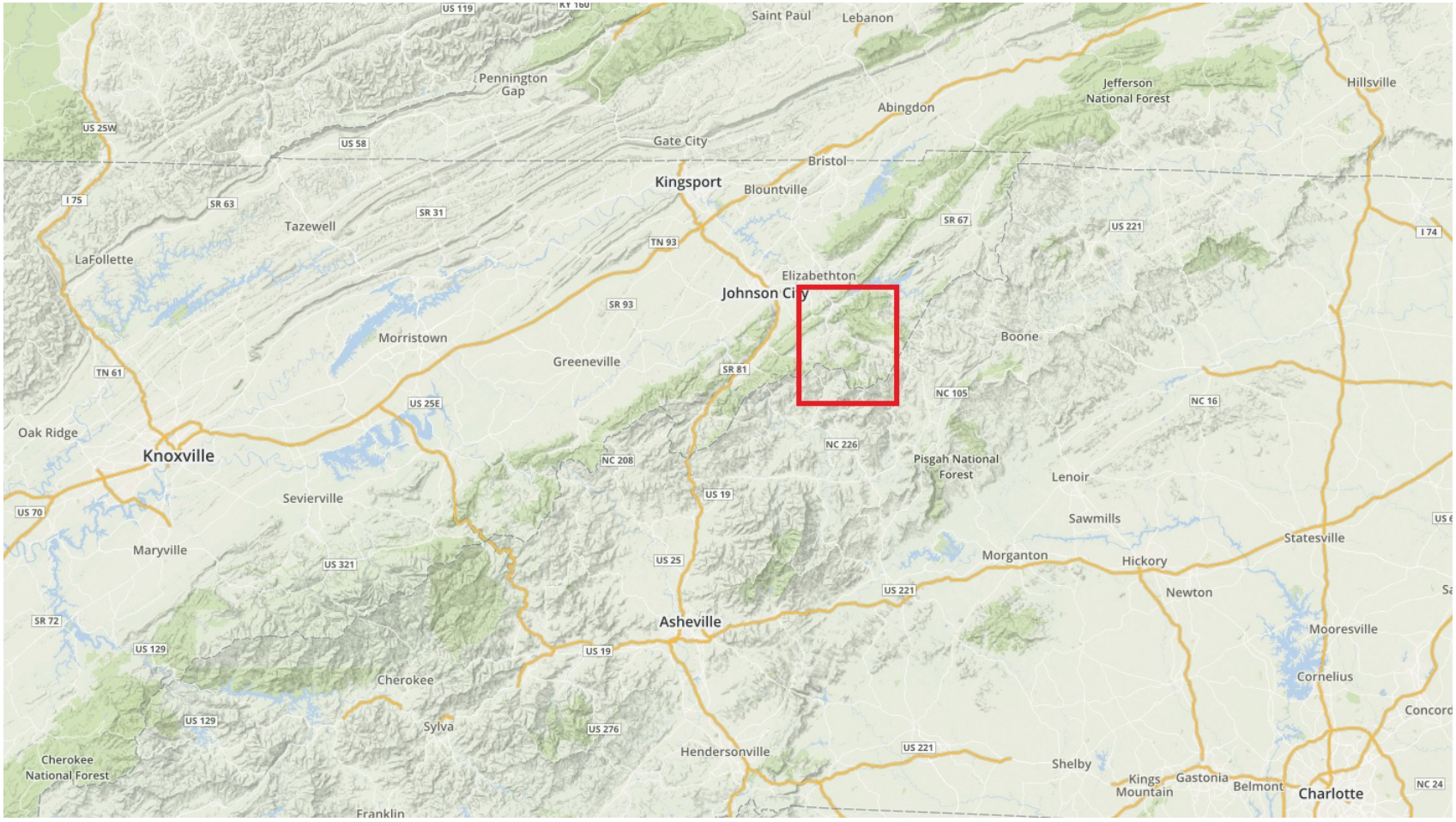
Roan Highlands on the Appalachian Trail
June 3 - 9 2016
58 Miles

Sawtooth Mountains, Idaho
July 19 - 24, 2016
63 Miles



Roan Highlands on the Appalachian Trail
June 3 - 9

The Route



Along the NC-TN border



The Appalachian Trail through the Roan Highlands

Day 1



Ready to hit the road



Starting in Iron Mountain Gap



Our first rest break



The AT along the ridge



Rest break



Clyde Smith Shelter



Clyde Smith Shelter

Day 2



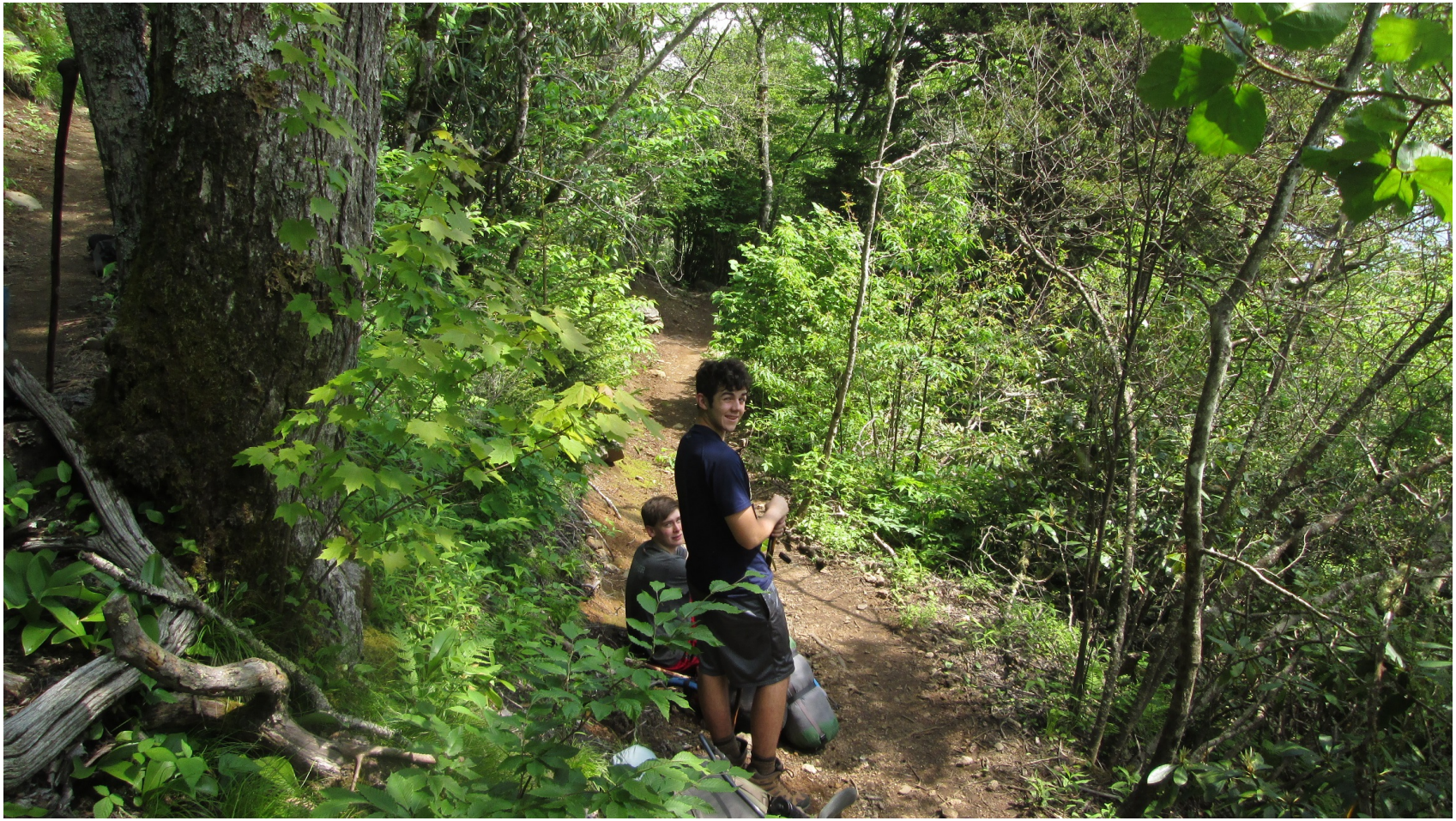
The view from Little Rock Knob



On Little Rock Knob



In Hughes Gap – about to climb



Climbing Roan Mountain



Climbing Roan Mountain



Lunch in Ash Gap



At the top of Roan Mountain



Roan High Knob Shelter (Elev. 6285)



After a thunderstorm



Inside the shelter

Day 3



Starting off in the fog and rain



Hiking in the rain



In Carvers Gap



Climbing up Round Bald



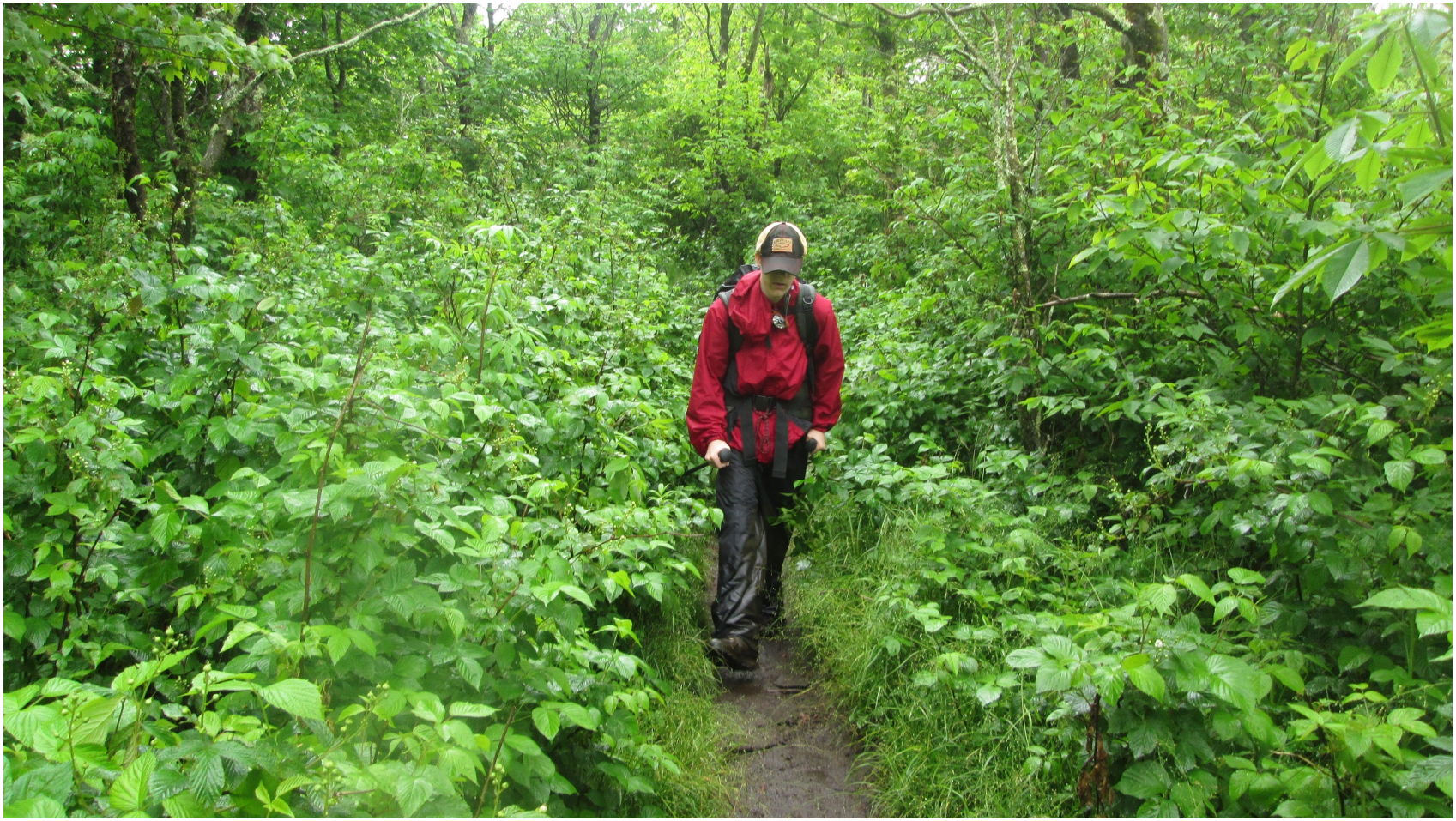
Enjoying the view from Jane Bald



The AT on Grassy Ridge



Rest break in the rain



Muddy trail and wet weeds



Arriving at Overmountain Shelter



Overmountain Shelter



The cooking area



The view from the shelter



The loft



A typical afternoon

Day 4



Climbing Little Hump Mountain



Entering the fog



Bradley Gap in the fog



Climbing Hump Mountain



Climbing Hump Mountain



Climbing Hump Mountain



Climbing Hump Mountain



Hump Mountain



Hump Mountain



On the summit



Crossing the summit



Descending Hump Mountain



Descending Hump Mountain



Back in the woods



Along the trail



Entering Tennessee



Doll Flats



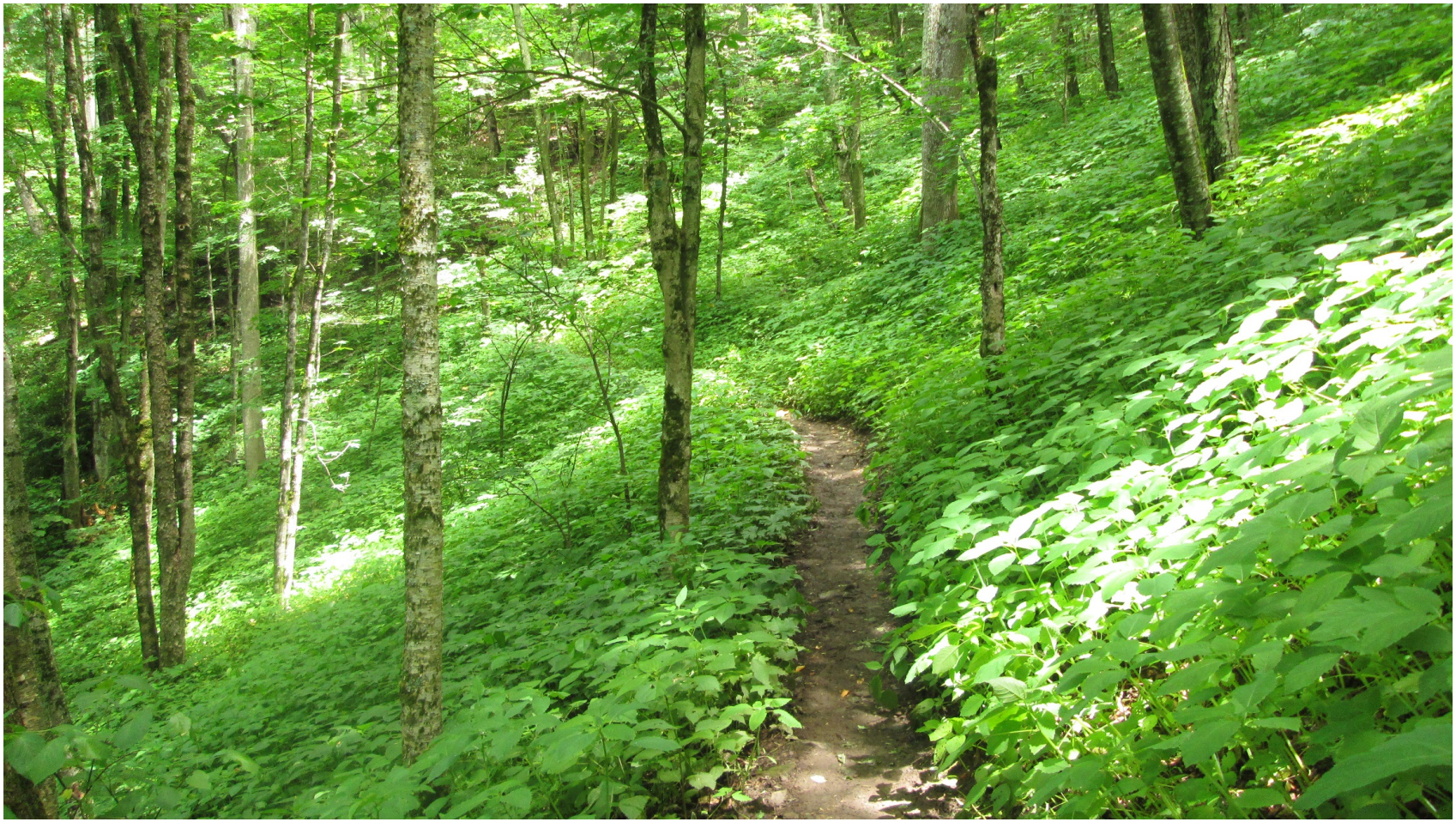
Doll Flats



Continuing the descent



Cliffs along the trail



Continuing the descent



Camp in an old quarry



Evening campfire

Day 5



Hiking through the weeds (sniffle, achoo!)



Bishop Hollow and Hump Mountain



Along an old woods road



Through a meadow



The view north



Through a pine forest



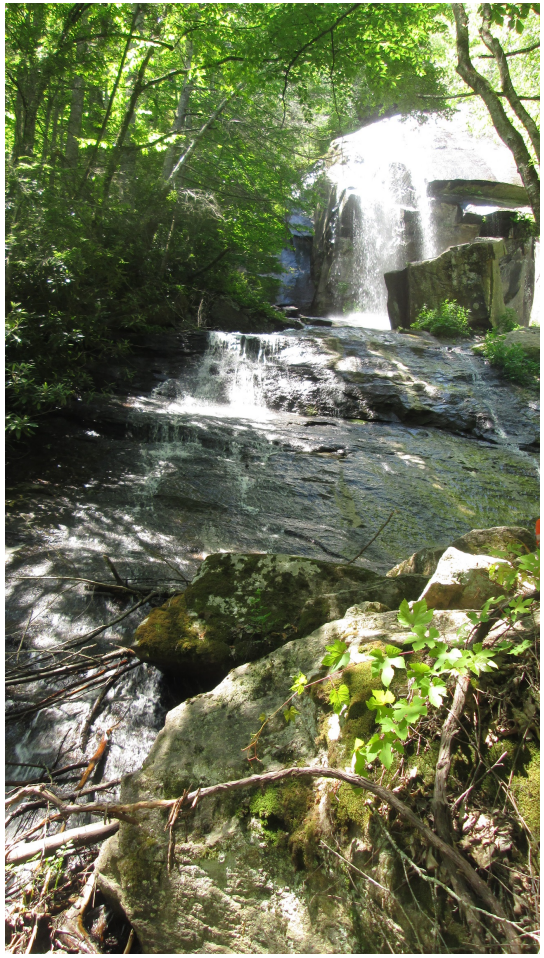
Isaac Cemetery



Rest break beside a road



Lunch at Jones Falls



Jones Falls



Along the Elk River



Mountaineer Falls Shelter



Mountaineer Falls Shelter



Dinner



A bear at the shelter

Day 6



A footbridge over Laurel Fork



The view back at Hump Mountain



Lunch break along the trail



Moreland Gap Shelter



Camp in a clearing



Camp in a clearing



Afternoon “activities”



Afternoon “activities”

Day 7



A cold morning



Remnant of a forest fire



Rest break



The view west



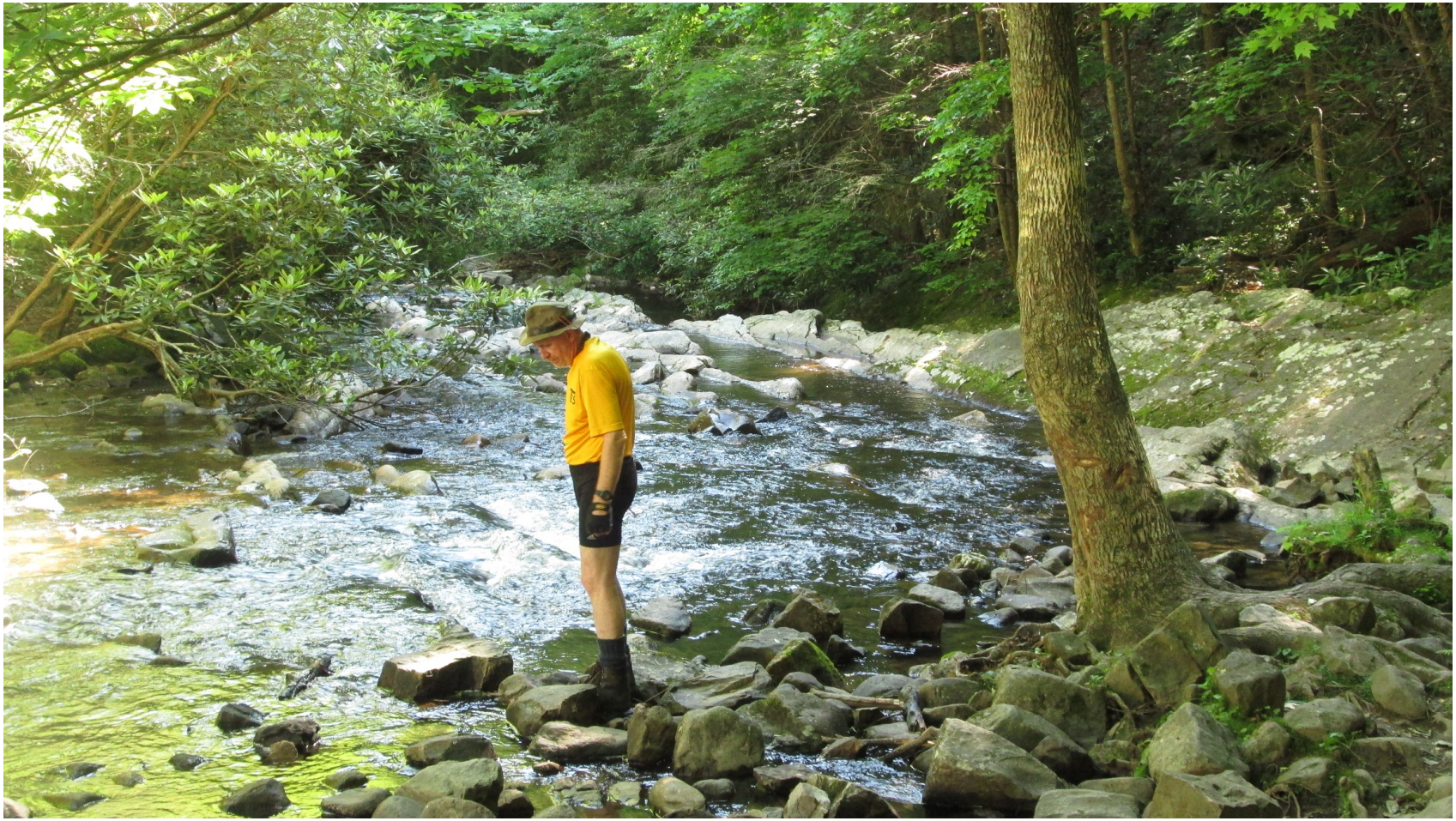
Entering the Laurel Fork Gorge



Footbridge over Laurel Fork



Laurel Fork Falls



Laurel Fork



The AT along Laurel Fork



Another footbridge over Laurel Fork



At the end of the trail

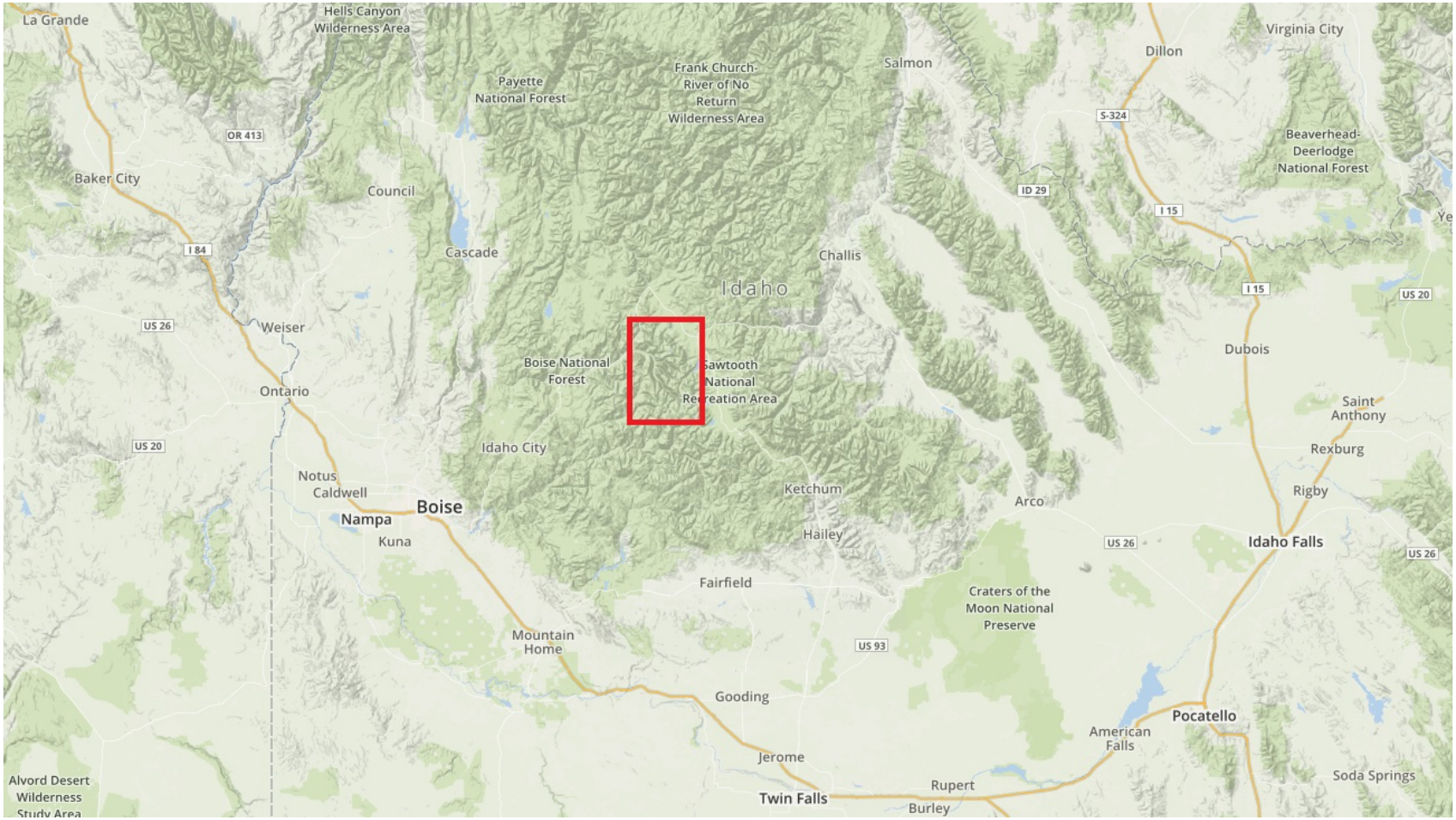


Ice cream

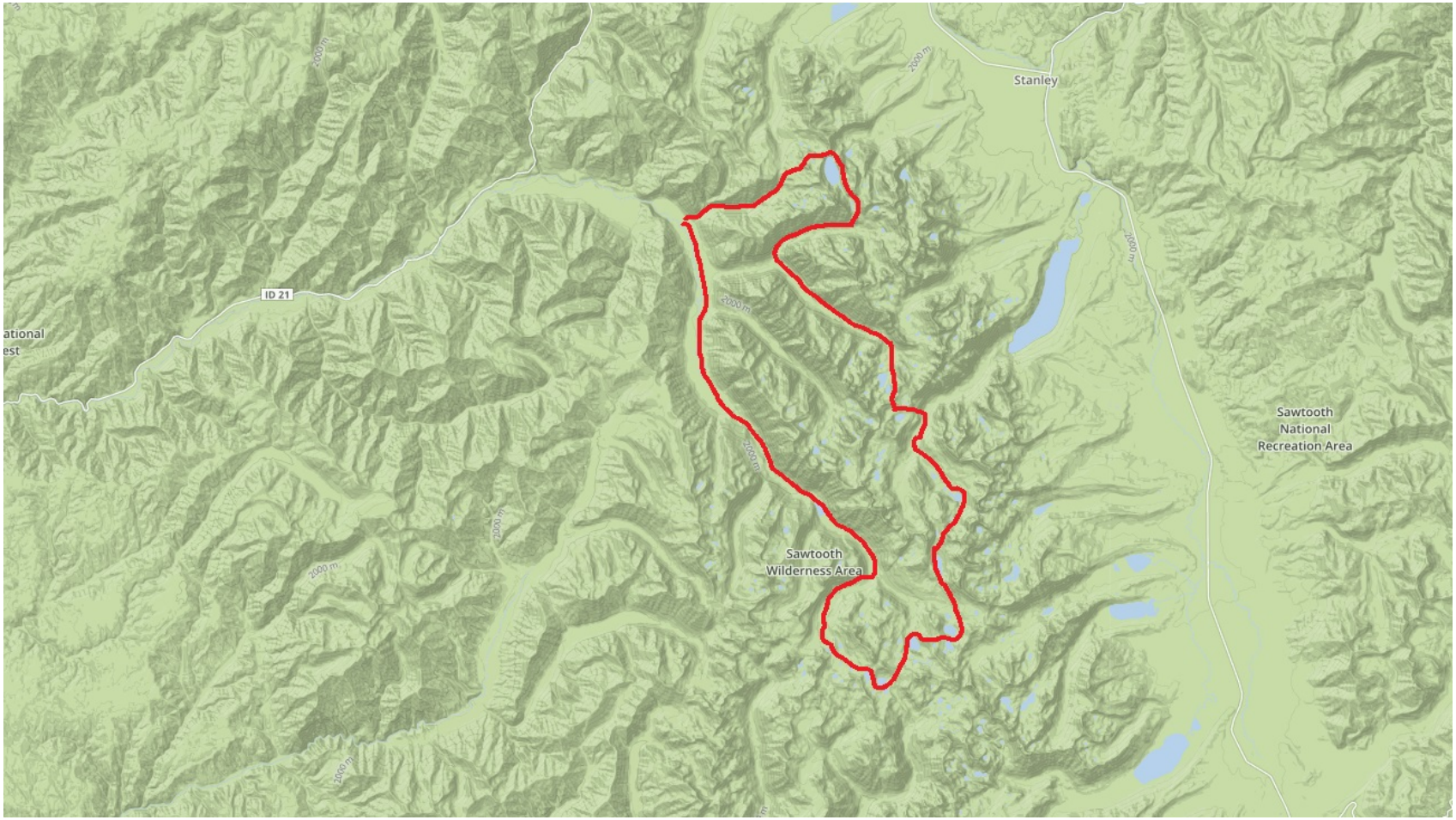


Sawtooth Mountains, Idaho
July 19 - 24

The Route



The Sawtooth Wilderness, Idaho



The Grand Sawtooth Loop

Day 1



At the trailhead at Grandjean



The South Payette River valley



Crossing Baron Creek



Crossing Baron Creek



Recovery from a forest fire



Crossing Goat Creek



The South Payette River valley



The South Payette River valley



First camp



A nearby beaver dam



Getting filtered water

Day 2



The South Payette River



Trail crews clear the fallen trees



But not all in one day



Fern Falls



Fern Falls



The trail past Fern Falls



Elk Lake



Elk Lake



Crossing the South Payette River



Lunch break



Junction with the Benedict Creek Trail



The Benedict Creek Trail



A grouse



Along the Benedict Creek Trail



Benedict Lake



Out campsite



Second camp

Day 3



Crossing Benedict Creek



The mountains to the south



Rockslide Lake



Rockslide Lake



Playing in the snow



Lake Ingeborg – in the first pass



Lake Ingeborg



The trail above Spangler Lake



The mountains to the south



Spangler Lake



Climbing to the second pass



Above Ardeth Lake – in the second pass



Ardeth Lake and the mountains to the north



Descending from the pass



Descending from the pass



Looking back at the pass



Getting water



Ardeth Lake



Crossing the mouth of Ardeth Lake



Unnamed lake – in the third pass



Unnamed lake – in the third pass



Edna Lake



Third camp, at Edna Lake

Day 4



Edna Lake at sunrise



Crossing a creek



Approaching Hidden Lake



A hiker sleeping in at Hidden Lake



Rest break above Hidden Lake



Hidden Lake



Climbing to Cramer Divide



Looking back at Hidden Lake



Looking back



Cramer Divide



Climbing to Cramer Divide



In Cramer Divide



The view from Cramer Divide



Descending from Cramer Divide



Descending from Cramer Divide



Descending from Cramer Divide



The view north



Descending from Cramer Divide



Middle Cramer Lake



Middle Cramer Lake



Crossing Red Fish Lake Creek



Fourth camp, on Red Fish Lake Creek

Day 5



Climbing to Baron Divide



The view south



Baron Divide



Unnamed lake below Baron Divide



The view east



Climbing to Baron Divide



Baron Divide



Celebrating the climb



The view south from Baron Divide



The view west from Baron Divide



Descending from Baron Divide



The Baron Lakes



Looking back towards the divide



Baron Lake



Baron Lake



Baron Creek



Crossing Baron Creek



Baron Creek



Baron Creek Trail



Baron Creek Trail



The Baron Creek valley



The Baron Creek Trail



Looking back



Baron Creek Falls



Fifth camp, at junction with North Fork Baron Creek

Day 6



The North Fork Baron Creek valley



Looking ahead on a brushy trail



The North Fork Baron Creek valley



The North Fork Baron Creek valley



The North Fork Baron Creek valley



Crossing a rockslide



A falls on the north fork



Looking back from near the pass



Unnamed lake near the pass



Looking back from near the pass



Looking back from the pass



Unnamed lake in the pass



Unnamed lake in the pass



Sawtooth Lake



Sawtooth Lake



Sawtooth Lake



Mount Regan and Sawtooth Lake



Sawtooth Lake



Mount Regan and Sawtooth Lake



Mount Regan and Sawtooth Lake



The mouth of Sawtooth Lake



Trail sign



Climbing to the pass above Sawtooth Lake



The pass



Sawtooth Lake



One last look at Sawtooth Lake



Remains of a forest fire



McGown Lake



The trail through the burned forest



Greener fields



Crossing Trail Creek



Descending to another crossing of Trail Creek



Ice Cream



At the Grandjean Lodge